

## Covina-Valley Counselor Connection

Need to Speak to a Counselor?

Counselors are available on a direct line from 9 am – 1 pm, Monday – Friday!

Look for your site below!

School	Phone Number
Covina	626-502-8241
Northview	626-502-7081
South Hills	626-502-7554
Fairvalley	626-502-6109
Las Palmas, Sierra Vista, Traweek	626-502-8706

## Do you need SIMPLE, FAST, SECURE Community-Based Mental Health Referrals?

Get your students the right care right now by calling our partner Care Solace (888) 515-0595

### Need Help? You Are Not Alone!

Help a loved one, friend, or yourself:

Hotline	Phone/Text Number
National Suicide Prevention Hotline	1 (800) 784-2433
24/7 Suicide Prevention Hotline	1 (877) 727-4747
Crisis Text Line	Text "HELP" to 741-741
Trevor Project (LGBTQ+ Crisis Hotline)	1 (866) 488-7386

**DIAL 911 IN CASES OF EMERGENCY AND  
IMMINENT DANGER**