Hello Northview Familia,
As we approach the end of October, we have a lot to celebrate. Our Vikings continue to thrive in both the classroom and the athletic field. Our AP students are completing their registration process for their exams in May. Our football team is proudly marching towards the CIF playoffs against Bonita HS this week. Our marching band continues to excel at their competitions throughout the city. Our PIQE parent education program continues to fill our library to capacity on Tuesdays with parents eager to support their students. We continue to work hard to provide our students with even greater opportunities. I attended the Mt. Sac Dual Enrollment Partner Convening on Friday where we learned about ways to expand dual enrollment offerings and provide additional educational opportunities for all students. I am excited about the possibilities that lie ahead for all of us. Have a great week, Vikings!

Our amazing AP Research students took a big step forward by committing to their research topic for the year. On Thursday, each student presented their topic to the class and celebrated this milestone with their teacher, Ms. Grise. AP Research is the culminating course of our AP Capstone Diploma Program. Northview is one of the few schools in the San Gabriel Valley that offers this unique opportunity for students. Congratulations to all of you for your hard work and dedication!

Our football team will get on the road in a rematch against Bonita High School on Friday at 7pm. Northview beat Bonita 14-13 in an epic pre-season battle on September 28th. Let’s pack the stands and support our boys in black and gold! See you all at Bonita HS on Friday at 7pm.
**Sports Updates**

Congratulations to Girls Tennis for placing 2nd in the Valle Vista League!

This week Cross Country is heading to the Valle Vista League Finals on Wednesday, November 1 at Horsethief Canyon Park.

The Spirit of Northview will be at Los Altos HS for a competition on Saturday, November 4.

Girls Basketball is hosting Day 2 of tryouts today, October 30 at 3:35pm.

If you are a Fall Sports Athlete interested in joining Boys Basketball, tryouts will be this week, November 1-3 from 7pm to 9pm.

Any students who are interested in joining the wrestling team should reach out to Coach Bellamy or Coach Ochoa for more information!

**Counseling Corner**

This week, the counseling department held a College and Financial Aid Overview Presentation. Thank you to all the families that attended the presentation! The presentation can be accessed on Northview’s school website in the Counseling tab under College Apps and Financial Aid. Students are encouraged to continue working on their college applications. Counselors are available to assist students.

Also, our grading period ends on Friday, November 3, 2023. Make sure that you have all of your assignments in and that your grades are up to date.

**ASB Updates**

Join us for a Neon themed student section to cheer on our Football team as they take on Bonita HS for the first round of CIF on Friday, November 3.

ASB will have extra Mummy Rice Krispie Treats for purchase at lunch on Halloween. Stop by the ship tomorrow if you didn’t get a chance to pre-order!

Our Fall Food Fair is scheduled for Wednesday, November 15. Stay tuned for more updates on which clubs/teams will be participating and what everyone will be selling!

**AVID – Future Ready**

Medical club and AVID joined forces to take the students to Cal Baptist University in Riverside! Students received a campus presentation, campus tour, and all you eat lunch in the dining commons. In addition, our students were given the opportunity to tour the School of Nursing facilities. The highlight of the visit was seeing our AVID alumni: Anahi Gonzalez, Kimberly Barajas and Alexus Bur (all class of 2022), thriving at this campus and really loving their college experience. Our students love CBU and we highly encourage all of our seniors to check it out!

They are on rolling admissions, however, in order for students to qualify for scholarship opportunities they should apply by Dec 15.

Next on our calendar we have the following trips: Whittier College- Nov 3 UCSB- Nov 9 APU (for admitted Seniors only)- Nov 6

Students are encouraged to attend and need to pick up a permission slip from Mrs. Corona in room F4.

**Mental Health Focus**

“What if” often carries regret and fear. In times of doubt, we may ask ourselves, “What if this doesn’t work out? “What if I get rejected?” But what if, just for a moment, we flipped the script? What if we embraced the brighter side of ‘what if’? This week, we are exploring the power of these two simple words. Here are 6 “what if” questions to ask yourself that will unlock your true potential and help you to live life to the fullest.

- **What if I trust myself more?** Self-trust illuminates your path and empowers you to navigate life confidently.
- **What if I stand up for myself?** Assert your needs and boundaries to affirm your voice and self-worth.
- **What if I try?** See every attempt as a triumph, learning opportunity, and step forward.
- **What if I put myself first?** Prioritize self-care to recharge your energy and support others and your dreams.
- **What if I follow my passion?** Dare to follow your heart’s desires to find purpose and happiness.
- **What if I say no?** Saying “no” honors your needs and boundaries, leading to a balanced and fulfilling life.

As a new week begins, take a moment to reflect on how your own energy flows. Let these signs remind you to spend your time and attention wisely and align your actions with your values and purpose. Remember, your energy is your greatest asset!

**AP Registration Deadline!**

Our AP Registration deadline is almost here! Registration and payment must be completed by November 9th.

As a reminder, there are two steps needed to be officially set up for your AP Exams:

1. Student must register for each AP Class on collegeboard.org. Their teacher should have provided them with access codes.
2. Parents need to create a Total Registration account and enter the AP class information for their student. Then you must make your payments.
Regular school rules regarding dress code must be followed.
No masks.
No full face paint (50% only).
No weapons (even toys).
Costumes may not be demeaning to any ethnic group, race, religion, nationality, disability, or any other group.

Costume contest on Tuesday during lunch! Join us at the ship at lunch for our annual costume contest.
Please remember to follow these rules when dressing up:
1. Regular school rules regarding dress code must be followed.
2. No masks.
3. No full face paint (50% only).
4. No weapons (even toys).
5. Costumes may not be demeaning to any ethnic group, race, religion, nationality, disability, or any other group.

Halloween Reminders

If you are not sure what Dia de Los Muertos is, come by our informational workshop on Monday, Oct. 30 at lunch.

Students and staff are welcome to bring in photos of their departed loved ones to be placed on the library’s ofrenda (offering/altar) to celebrate Dia de Los Muertos. Please bring in your photos (framed or not) by Halloween with your name on the back.
Wednesday, Nov 1 at lunch we will have a potluck where you are welcome to share stories, poems, or songs about your dearly departed friends and family. The ofrenda will be up all week.
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Attendance Reminder

October 31 is our 50th day of school! At this point in the school year, students are considered to have excellent attendance if they have 2 or fewer absences. Please see the attendance chart above and your Aeries Portal to determine where you land on the chart. Remember, it is important that your student attends school every day because the best type of learning happens in the classroom. Students with perfect attendance also earn monthly incentives that include food items and giveaways. Northview received the highest high school attendance in the district during our first 25 days of school and expect our students to keep up the great work.