INTRODUCTION

This booklet, prepared by the Student Services Department of Covina-Valley Unified School District is a community resource, referral list of services classified under simply stated headings. We believe the guide is a positive beginning for someone in need of special health or social service assistance.

Consult the alphabetical classification index for a particular type of service you desire. If you are unable to locate the service you need, call the INFO LINE - 211 listed under Community Services. INFO LINE - 211 is the largest information and referral program in California and a referral specialist can direct you to the most appropriate agency.

Every effort has been made to ensure the accuracy of the telephone numbers in this booklet. However, numbers and services do change. When you find a correction, please contact:

Students Services Department
Covina Valley Unified School District
519 E. Badillo St.
Covina, California 91723
(626) 974-7000

Guía de Recursos Comunitarios

INTRODUCCIÓN

Este folleto, preparado por el Departamento de Servicios Estudiantiles del Distrito Escolar Unificado de Covina-Valley es un recurso comunitario, una lista de recomendaciones de servicios clasificados bajo títulos simplemente indicados. Creemos que la guía es un comienzo positivo para alguien que necesita asistencia especial para su salud o de servicios sociales.

Consulte el índice de clasificación alfabética para el tipo particular de servicio que desee. Si no puede localizar el servicio que necesita, llame a la INFO LÍNEA 211 que se encuentra bajo Servicios Comunitarios. INFO LÍNEA - 211 es el programa de información y recomendaciones más grande de California y un especialista en recomendaciones puede dirigirlo a la agencia más apropiada.

Se ha hecho todo lo posible para asegurar la exactitud de los números telefónicos en este folleto. Sin embargo, los números y los servicios pueden cambiar. Cuando encuentre una corrección, póngase en contacto con nosotros:

Departamento de Servicios Estudiantiles
Distrito Escolar Unificado de Covina Valley
519 E. Badillo St.
Covina, California 91723
(626) 974-7000
Community Resource Services Handbook

- **Adult Domestic Violence**
  Programs to provide response services and/or counseling to battered women. Counseling services include, but are not limited to, short or long-term counseling by peers, volunteers or professionals, legal and financial advice, and referral of appropriate resources.

- **Alcohol/Drug Abuse & Sober Living**
  Programs to prevent and treat problems of alcohol/drug abuse and/or misuse. Counseling and other support services to families of alcoholics.

- **Child Abuse & At-Risk Youth**
  Programs to provide support services to children and youth (under the age of 18) who are in danger of neglect, abuse or exploitation. May include counseling for parents/guardians of abused or neglected children. 0-5 Programs-Programs for Pre-School Children.

- **Child Care**
  Programs that provide childcare for preschool-age children.

- **Community Services**
  Provides additional information & referral services to public community agencies.

- **Counseling**
  Programs assisting individuals or families who are experiencing social and emotional problems. Assistance in developing personal growth and improving communication within the family.

- **Emergency Services**
  Programs which provide face-to-face immediate response services to emotionally distressed persons who are in life-threatening situations. Health care facilities capable of diagnosing and treating persons with acute life-threatening conditions or severe illness on a 24-hour basis. Law enforcement agencies included.

- **Food Assistance Services**

- **Health Services**
  Programs which help achieve and maintain physical well-being as well as preventing and treating acute or chronic disease, illness, injury.

- **Homeless Services**

- **Legal Services**
  Programs which provide professional or non-professional assistance directed at assessing and resolving individual, family or group legal problems and needs.

- **Adult/Senior Services**

- **Other Services**

Manual de Servicios de Recursos Comunitarios

- **Violencia Doméstica en Adultos** 1
  Programas para proporcionar servicios de respuesta o consejería a mujeres maltratadas. Los servicios de consejería incluyen, pero no se limitan a, consejería a corto o largo plazo por compañeros, voluntarios o profesionales, asesoramiento legal y financiero, y recomendaciones de recursos apropiados.

- **Abuso de Alcohol/Drogas y Vida Sobria** 1 - 3
  Programas para prevenir y tratar problemas de abuso o uso indebido de alcohol/drogas. Consejería y otros servicios de apoyo para familias de alcohólicos.

- **Abuso Infantil y Jóvenes en Riesgo** 3-4
  Programas para proporcionar servicios de apoyo para niños y jóvenes (menores de 18 años) que se encuentran en peligro de negligencia, abuso o explotación. Puede incluir consejería para los padres o tutores legales de niños maltratados o descuidados. 0-5 Programas-Programas para niños en prescolar.

- **Cuidado de Niños** 4
  Programas que proveen cuidado de niños en edad prescolar.

- **Servicios Comunitarios** 4-5
  Provee información adicional y servicios de recomendación a agencias comunitarias públicas.

- **Consejería** 5-7
  Programas que asisten a individuos o familias que están experimentando problemas sociales y emocionales. Asistencia en el desarrollo del crecimiento personal y en la mejora de la comunicación en familia.

- **Servicios de Emergencia** 8
  Programas que proporcionan servicios de respuesta inmediata cara a cara a personas con angustia emocional que están en situaciones de vida o muerte. Instalaciones de cuidado de salud que pueden diagnosticar y tratar a personas con afecciones graves de vida o muerte o enfermedades serias las 24 horas del día. Se incluyen las agencias del orden público.

- **Servicios de Asistencia Alimentaria** 8-9

- **Servicios de Salud** 9-10
  Programas que ayudan a lograr y mantener el bienestar físico, así también como la prevención y el tratamiento de enfermedades graves o crónicas, afecciones, lesiones.

- **Servicios para Personas Sin Hogar** 11

- **Servicios Legales** 11
  Programas que proporcionan asistencia profesional o no profesional dirigida a evaluar y resolver problemas y necesidades legales individuales, familiares o de grupo.

- **Servicios para Adultos y Personas de la Tercera Edad** 11-12

- **Otros Servicios** 12
ADULT DOMESTIC VIOLENCE
VIOLENCIA DOMÉSTICA DE ADULTOS

Department of Mental Health
East San Gabriel Valley MHC
1359 N. Grand Avenue
Covina, CA 91724
Mon & Wed 8:00 am- 7:00 pm
Tues, Thurs, Fri 8:00 a.m. - 7:00 p.m.
(626) 430-2900

Domestic Violence Hotline
Battered Women/Children
P.O. Box 2788
North Hills, CA  91793
(323) 681-2626
(800) 799-7233
24 hr. hotline and emergency shelter for battered women and their children

House of Ruth, Claremont
(909) 623-4364 Info line
Spanish spoken – Serves L. A. & San Bernardino Counties

L. A. County Bar Assoc./L. A. Superior Ct.
Domestic Violence Project
(213) 624-3665 Information
9am -11:30 & 1:30pm -3:30 M –Th
8:00 – 12:00pm Friday
Legal advice/assistance with temporary restraining orders- possible minimal fee

Safety Education Center
DUI/DV
1515 W. Cameron Ave., #300
W. Covina, CA  91790
M-Th 9am – 8:30pm, Fri. 9am-2:30, Sat 8am-12pm
(626) 960-3977

YWCA-Domestic Violence Services
(WINGS)  (626) 967-0658
24-Hour Hotline/referral
Support for women & families experiencing domestic violence. Spanish, Chinese, Cantonese spoken
www.info@ywcasgv.org

Foothill Unity Center
Neighbors Helping Neighbors
(626)358-3486 or (626) 358-8224 (fax)
415 W. Chestnut Ave.
Monrovia, CA
M – F 9am – 5pm
www.foothillunitycenter.org
-Transitional Services for Victims of Domestic Violence
-Motel Voucher Program
-Clothing/Household Goods Voucher
-Referrals to educational assistance, long-term shelter, etc.
-Full family food programs

ALCOHOL/DRUG ABUSE
ABUSO DE ALCOHOL/DROGAS

1-800-RELAPSE (1-800-662-4357)
& Mental Health Services
24-hour hotline on information and referral to substance abuse programs, free services
Spanish spoken

AEGIS MEDIC, West Covina
Outpatient detox program/maintenance (drugs)
Medi-Cal, sliding scale
Monday - Friday 5 am – 1:30 pm
1825 E. Thelborn St.
West Covina, CA 91791
(626) 915-3844

San Gabriel Valley Alanon Club
510 2nd Avenue #10
Covina, CA 91723
(626) 332-3292

Alanon Family Group Helpline
(888) 425-2666

Alcoholics Anonymous, San Gabriel
849 E Route 66 #D
Glendora, CA 91740
(626) 914-1861  24-Hour Helpline
9:00-6:00 Mon - Fri
9:00-3:00 Sat
Referral services for alcoholics anonymous meetings in San Gabriel & Pomona Valley area

Charter Oak Hospital/Aurora Behavioral
(626) 966-1632
(800) 654-2873 24 Hour Assessment
1161 E. Covina Blvd, Covina, CA  91724
Private insurance, fixed fee, AA meetings
www.aurorabehavioral.com
Drug & Alcohol Abuse Information/Referrals
(800) 662-4357
24 hour referral to alcohol & drug prevention & treatment programs and services

Hope & Grace Recovery Services
865 W. Glentana, Suite 1
Covina, CA 91722
Outpatient, day treatment, HIV/AIDS, DUI, seniors. Spanish spoken.

Kaiser Permanente Addiction Medicine
1539 W. Garvey Ave. North
West Covina, CA 91791
(626) 814-6500
www.kp.org
Substance abuse treatment

Nat’L Council on Alcohol /Drug
656 N. Park Ave.
Pomona, CA 91768
(909) 629-4084
Mon-Fri 9:00-6:00pm
Sliding scale/No one refused
Information/referral for alcohol, substance Abuse, individual counseling/parenting Classes/anger mgmt., drug testing $20.- 38.50.

Narcotics Anonymous
(800) 863-2962 (Hotline, referrals]
562) 698-4604-Whittier
Website: www.ecana.org
Southern California Region
(626) 359-0084

National Council on Alcoholism and Drug Dependence (NCADD)
4626 N. Grand Avenue
Covina, CA 91724
(626) 331-5316
M-Th 8 am-9 pm, Fri. 8 am – 5:30 pm
Sat. 8:30-12:00 pm
Referrals to meetings, treatment, drug diversion program, DUI school, group and individual counseling, parenting classes, anger mgmt.
Spanish spoken

Pacific Clinics
Emphasis on outpatient mental health
(877) 722-2737 – Call Center
(626) 744-5230 Pasadena
(626) 967-1667 Covina
(909) 625-7207 Pomona/Bonita Family Center
(626) 357-3258 Monrovia-
(626) 960-4020 Irwindale (only with homeless population, walk-in facility)
Sliding Scale. Medi-Cal
www.pacificclinics.org

Puente House
Sober Living, Male/Female 18+
444 W. Badillo Street, Ca. 91723
Covina, (626) 967-3149
www.puentehouse.org

River Community Day Treatment
Adult Day Treatment & Outpatient
Co-Occurring Disorders
510 S. 2nd Ave
Covina, CA 91723
(626) 974-8122
Adult In-patient Treatment
Azusa
(626) 910-1202 24 Hr/7days

Santa Anita Family Services
Covina (626) 966-1755
716 N. Citrus Avenue, Covina, 91723
Monday – Thursday 8 am – 5 pm
Counseling 9 am – 7 pm
Monrovia (626) 359-9358
www.santaanitafamilyservice.org

Stepping Stones House
17727 Cypress Street
Covina, CA 91722
(626) 967-2677
Residential substance abuse recovery home for women. Residents cannot be taking psychiatric medications. The program also has a sober living home

SPIRITT Family Services
1505 S. Sunflower Ave.
Glendora, CA 91740
(855) 714-8800
Monday – Thursday 9 am – 5 pm
Friday with appointment only.
Alcohol/Drug Abuse Prevention Program
(626) 335-8153 (main office)
(562) 698-9436- Whittier
(626) 421400-El Monte (Spanish)
Family parenting communication skills program
$75 – 7 sessions

Victory Outreach, La Puente
(626) 333-3171 or (626) 409-1582 (24 hrs.)
Tu-F 10am-4pm
Christian oriented, No fee
*SSpanish only*

Touchstones
Residential Treatment Facility for Alcohol and Drug Problems
9th Grade - 17 years of age
Outpatient Services for ages 11-22
Adolescents & admissions (626) 332-3145
Social Model Recovery
223 E. Rowland Street
Covina, CA  91723
(626) 332-3145
www.info@socialmodel.com
Treatment, education, prevention, Co-occurring disorders.

West Covina Medical Center
725 S. Orange Ave
West Covina, CA  91790
(626) 338-8481
Adult Day rehab

SOBER LIVING
VIDA SOBRIA

Dixon House Sober Living Center
17902 East Edna Place, Covina, CA 91722
(626) 332-1857

Our House
16825 E. Groverdale St.
Covina, CA 91722
(626) 339-0472

Room to Grow Program
570 S. Ednfield Ave
Covina, CA 91723
(626) 966-9689
Transitional sober living house for single women and women with children. Structured program with in-house meetings. Residents must provide their own food, and are required to work or attend school and attend outside AA/NA meetings. Length of stay is up to one-year.

Welcome to Life Sober Living Centers
Transitional House/ 12 Step Program/ Rehabilitation – Male adults only
271 East Puente Street, Covina, CA 91724
(626) 318-1000

CHILD ABUSE
ABUSO INFANTIL

The Alliance for Children Rights
3333 Wilshire Blvd.,
Ste. 550
Los Angeles, CA 90010-4111
9am -5:30 pm M-F
(213) 368-6010

Girls & Boys Town National Hot Line
(800) 448-3000
Toll free crisis and resource referral services for children and parents. Highly trained telephone counselors to help deal with any problem.

Child Protection (Abuse) – L. A. County Hotline
Department of Children's Services Services
(800 540-4000
English/Spanish spoken
24 Hours

Children's Bureau
14600 Ramona Blvd.
Baldwin Park, CA 91706
(626) 337-8811 – Closed Sundays
After hours phone (213) 342-0100
Mon-Thurs 8:30 to 7:00 pm
Tues-Wed 8:30 to 9:00 pm
Fri 8:30 to 4:30 pm
multi-service child welfare services child abuse, crisis intervention and shelter, in-home and office counseling, child respite care, parent education.

Child Help U.S.A (Abuse) - Hotline
(800) 422-4453
24 Hours, English only

The Family Center
(626) 967-5103 (Medi-Cal & Healthy Families)
(626) 966-1577 (adults)
9am – 8pm M-F
Crisis received; hours vary - counseling, parenting, and anger management. Child Abuse treatment & prevention

Guardianship Pro Per Assistance Program- L.A. County
Probate Window
111 North Hill St., #426
Los Angeles, CA 90012
Probate Office/ Information Line
Rm. 258, 8:30am-4:30pm
Forms, fees (online)
(website: www.lasuperiorcourt.org)

La Puente Valley Community Mental Health
160 S. 7th. Ave. La Puente, CA 91746
(626) 961-8971
M&Th 9am-6pm
Tu&Wed. 10am-7pm
Fri. 8am – 5pm
Counseling, Spanish spoken
Masonic Homes in partnership with The Children’s Advocacy Center
Child Abuse Assessment & Treatment
1650 E. Old Badillo St.
Covina, CA 91724
(626) 251-2200

**AT-RISK YOUTH**
**JÓVENES EN RIESGO**

Bienvenidos/Family Preservation
258 W. Badillo Street
Covina, CA 91723
(626) 430-9114
Emergency foster care, supervised visitation, family support

San Gabriel Children's Center
4740 N. Grand Avenue
Covina, Ca 91724
(626) 859-2089
[www.sangabrielchild.com](http://www.sangabrielchild.com)

Serenity Infant Care Homes
600 S. Grand Avenue
Covina, CA 91724
(626) 859-6200
[www.serenityinfantcarehomes.com](http://www.serenityinfantcarehomes.com)

Trinity Youth Services
1520 W. Cameron Street, Suite 7
West Covina, CA 91790
(626) 966-1776
[www.trinityys.org](http://www.trinityys.org)
Foster care placement, family support

**CHILD CARE**
**CUIDADO DE NIÑOS**

Covina-Valley Child Development Office
Dept: Student Services
519 E. Badillo St.
Covina, CA 91723
(626) 974-7000

Kids Corner - Extended-Day Child Care
Enrichment Program
Teen Scene - Extended-Day Supervision Program
Pioneer Pre-School - Licensed Pre-school and Childcare Program

Covina Development Center
Early Intervention Center
437 W. San Bernardino Rd. Covina, 91723
(626) 967-7153
7:15am – 6:15 pm – Daycare-M-F
8:00am – 4:00pm – Office-M-F

Options Child Development Center
9am – 5pm M-F
885 S Village Oaks Dr. #12, Covina, CA
(626) 858-0527

YMCA Covina
East San Gabriel Child Care Office
1225 E Cameron Ave
West Covina, CA 91790
(626) 339-6221

**COMMUNITY SERVICES**
**SERVICIOS COMUNITARIOS**

“211” Social Services Line, L. A. County
626) 350-6833 (or “211” – San Gabriel Valley)
Largest & most comprehensive human resource information/referral service
English/Spanish spoken
24 Hours

Boys & Girls Club, San Gabriel Valley
(626) 443-2401
2740 N. Mountain View Rd.
El Monte, CA 91732
Youth ages 8 – 16 years

First 5 LA
Free school Readiness Program, ages 0-5 yrs.
Intake (866-304-4337)
(213) 482-5902 – Magnolia site

Covina United Methodist Church
(626) 339-7386
M-Thur 9am – 4pm
Fri. 9am-12pm
Information and referral service
Group meetings held at church

Vincent Children Center
1024 W. Workman Ave.
West Covina, Ca 91790
(626) 472-6330

WIC Program
(888) 942-2229 (English/Spanish)

Homeless CalWORKs Families Project
Prototypes ICAN
11001 E. Valley Mall, #300
El Monte, CA 91731
(626) 442-0710
Assists with Housing, Transportation & Childcare Also Job leads, Education, Food Stamps & Medi-cal
Los Angeles County Homeless Outreach Portal
www.la-hop.org
Homeless help
Mental-Health Focused
Multi-disciplinary teams

COUNSELING
CONSEJERÍA

The Almansor Center
Mental Health Programs
205 Pasadena Ave.
Pasadena, CA 91030
(323) 344-5536
or 5900 Eastern Ave., Suite 138
Commerce, CA 90040
(323) 622-0715

Alta Loma Psychological Associates
9089 Baseline Rd., Suite 200
Rancho Cucamonga, CA
(909) 597-1815
M-F 9am-5pm

Asian Pacific American Legal Center, L.A.
(213) 977-7500
Japanese, Vietnamese, Korean,
Cantonese, Mandarin, Taiwanese,
Spanish
$20, one time payment, depends on income-appointment needed
M-F 8am-5pm

Asian Youth Center
100 Clary Ave.
San Gabriel CA. 91776
(626) 309-0622
Mon-Thur 9:00 -5:30pm
Goal to prevent and minimize Asian youth involvement in anti-social behavior, services include drug, tobacco, alcohol, and gang prevention.
www.asianyouthcenter.org

Azusa Pacific University Community Counseling Ctr. & Pediatric Neuro Development Institute
(626) 815-5421
M- Thur. 9am – 9pm
Fri. 9 am – 6 pm, Sat. 9am – 2pm
Spanish, Mandarin and Cantonese spoken
Slide scale $25 - $90

AEGIS MEDICAL SYSTEMS, West Covina
www.aegismed.com
Outpatient detox program HIV testing
Mon – Fri 5am – 1:30pm (closed 9:30-10am)
1825 E. Thelborn St., West Covina, CA 91791
(626) 915-3844-message

Baldwin Park Counseling Center
1710 W. Cameron Ave.
West Covina, CA 91790
(626) 917-2120
M-F 9:00 – 7:00 pm, Sat 9:00 – 1pm
Sliding scale $25. And up
Provide individual and family therapy for drug and alcohol abuse, family/marital problems, physical/sexual abuse, and adolescent problems.

California Family Counseling Network
368 W. Badillo St.
Covina, CA 91723
(626) 931-1400
Mon-Fri 9:00 – 5:00 pm
Fee sliding scale accepts Medi-Cal. Medicare, and Victims of Crime, Offers mental health service connections to psychotherapy.

Catholic Charities Psychological Services
Clínica de Salud Sagrada Familia
(909) 763-4970
1265 N. LaCadena Dr. #4 Pomona, CA 91766
Bilingual (Spanish/English), sliding scale, insurance accepted, by appointment only

Charter Oak Hospital/Aurora Behavioral
(626) 966-1632 - Hospital 24 Hours, 7 Days
Private insurance; free consultation; Medical for teens & after 65yrs. Spanish

Citrus Counseling Center
973 N. Grand Ave
Covina, CA 91724
(626) 967-7585

Co-Dependent Anonymous
Helps to develop healthy relationships
(323) 969-4995 (website: www.coda-tvcc.org)
Center for Integrated Fam/Health
540 S. Eremland Dr.
Covina, CA 91723
(626) 966-1577
Speaks Spanish/Vietnamese
Assist qualified victims of crime apply for compensation.

Community Care Center
2335 S. Mountain Ave.
Duarte, Ca 91010
(626) 357-3207 – Speaks Spanish
Mon – Fri 9:am–5:00pm
The county contracts for some mental health services

East Valley Community Health Center
680 Fairplex Dr.
Pomona, CA 91768
(909) 620-8088
Teen counseling program, job training, abuse, substance abuse, mental health, birth control, dental pregnancy testing, STD’s and HIV testing, One-On-One counseling support groups.

ENKI Youth & Family Services
160 S. 7th Ave.
La Puente, CA 91746
(626) 961-8971 Mon - Th . 9am-6pm
Tu-Wed 9am-7pm, Fri 8am-5pm
Spanish spoken,provides outpatient services for adults and children, day treatment programs, psychiatric emergency care.

Family Outreach Svs-Pacific Clinics/Covina
(626) 967-1667
Counseling, Medi-Cal, Healthy Families only

The Family Center
540 S. Eremland Dr.
Covina, CA 91723

Children-Healthy-Families
(626) 858-3315
Adults (626) 966-1577
540 S. Eremland, Covina
Mon- Fri 9:00 – 9:00pm
Sliding scale $3-$90
Accepts Medi-Cal for kids, child abuse treatment
Adult and children therapy, parenting groups, anger management classes, adolescent therapy ages 12-17, teen/adult dependency.

Foothill Family Service
Covina Family Center
530 W. Badillo St.
Covina, CA 91722
(626) 993-3093

West Covina Intensive Services
1530 W. Cameron Ave.
West Covina, CA 91790
(626) 993-3000 Mon-Fri 8:00 – 9:00 pm
Intake/appointment 1 866-304-4337
www.foothillfamily.org
Counseling, sliding fee, Medi-Cal up to 21 ½ yrs

Glenkirk Presbyterian Church
1700 Palapinto Ave.
Glendora, CA 91741
(626) 914-4833
Mon-Fri 9:00 -5:00pm
Tues 10:00 – 5:00pm
Workshops and support groups for grief, cancer, anger mgmt

Ingleside Hospital
(626) 288-1160 (24 hours)
Adults only. Will accept Medi-Cal & Medicare, only. Spanish, Chinese

Jewish Fed. Of Greater San Gabriel & Pomona Valleys
114 W. Lime Ave.
Monrovia, CA 91016
9am – 5pm M-F
(626) 445-0810

Jewish Services
1109 San Bernardino Rd.
Ste. 140
Covina, CA 91722
(626) 967-3656
Information, referral and advocacy for family and individual. Hours vary; appointment req.

Levine, Jacks S. Phd. & Assoc.
750 Terrado Plaza, Ste. 246
Covina, CA 91723
(626) 915-0933
Mon-Sat by appointment, sliding scale $25/hr. and up. Provides interactive individual, family, group therapy for men, women, children.
L. A. County Children's Services
532 E. Colorado Blvd.
Pasadena, CA  91101 (626) 229-3500
Gen. Info/Applicant intake (888) 811-1121
(http://dcfs.co.la.ca.us)

Los Angeles County Dept. of Mental Health
Access Center Hotline
(800) 854-7771

McKinley Children's Center/San Dimas
762 Cypress St. San Dimas, CA 91773
(909) 599-1227
Counseling & medication, Medi-Cal only

New Hope/Covina
1175 E. Garvey Ste. 102
Covina, CA 967-6421
(626) 967-6421 by appointment
Christian counseling center.

Pacific Clinics/Asian Pacific
9353 E. Valley Blvd. #2002
Rosemead, CA  91770
(626) 287-2988
Provides outpatient mental health, Substance abuse treatment, to Asian children, youth and adults.

Pacific Clinics Sierra Family Center
1160 S. Grand Ave.
Glendora, CA  91740
(626) 335-5980 Call Center 1(877) 722-2737
Outpatient/Youth Day Treatment, provider for Dept of Mental Health.

Pacific Clinics/East
902 S. Myrtle Ave.
Monrovia, CA 91016
(626) 303-1541
Mon-Th 9:00 – 8:00
Tu 9:00 -6:00
Fri 9:00 – 5:00
Outpatient/Youth Day Treatment, provider for Dept of Mental Health.

The Place Within
248 E. Foothill Blvd. Ste. 2
Monrovia, CA 91016
(626) 359-4330 by appointment
Turning Point Counseling
800 998-6329 appointment line
services areas El Monte, Glendora, Pomona, San Dimas, W. Covina,
Mon-Th 9:00 6:00, Fri 10:00 – 5:00
Full center provides outpatient, individual, couple, child, adolescent, family counseling, chemical dependency, eating disorders, depression, and anxiety.

Parent Institute for Quality Education
902 N. Grand Ave. Suite 200
Covina, CA 91724
(626) 455-0126

Parents Place/Family Resource Center
1500 S. Hyacinth Ave, “B”
West Covina, CA  91791
(626) 919-1091
www.familyresourcenetworklac.org

Safety Education Center
1515 W. Cameron Ave
West Covina, CA  91790
(626) 960-3977
Outpatient treatment, DUI, Spanish spoken

Shepherd's Pantry
657 E. Arrow Hwy #3
Glendora, CA
(626) 852-7630
Walk-in Food & Clothing Service
Home Food Delivery Service
Children’s Reading Tutor Program
Resource Counseling & Job Search Assistance
Call for information.

Shuster Family Services
Harry Shuster/Sharon Starr/Kristin Ohlman
(626) 915-1681
1274 E. Center Court Dr., Suite 112
Covina, CA.

Sierra Psychological & Associates
1272 Center Court Drive, Suite 104
Covina, CA 91724
(626) 966-5644

Tri City Mental Health Center
Crisis and Emergency Services
(909) 623-6131 (Pomona, La Verne, Claremont only) Adults(clinically ill) children w/medi-cal
2008 N. Garey Ave.
Pomona, CA 91767

Village Oaks Counseling Services
1338 Center Court Drive, Suite 102
Covina, CA 91724
(626) 339-2140
EMERGENCY SERVICES
SERVICIOS DE EMERGENCIA

Emergency Hospitals
Hospitales de Emergencia

Life or Death Situations - CALL 911

East Valley Medical Center, Glendora
(626) 852-5000

Emanate Inter-Community Hospital
(626) 331-7331

Foothill Presbyterian Hospital, Glendora
250 S Grand Ave, Glendora, CA 91741
(626) 963-8411

Queen of the Valley Hospital
210 W San Bernardino Rd, Covina, CA 91723
(626) 962-4011

San Dimas Hospital
(909) 599-6811

Police
Policía

Covina Police Department
(626) 384-5595

Irwindale Police Department
(626) 430-2244

Glendora Police Department
(626) 914-8250

West Covina Police Department
(626) 939-8500

L. A. County Sheriff
(213) 229-1700

EMERGENCY HOTLINES
LINEAS DIRECTAS DE EMERGENCIA

California Youth Crisis Line
(800) 843-5200
24-hour, confidential hotline

National Suicide Prevention Hotline
(800) 273-8255 – 24 hour

LA County ACCESS Center (24 hr info Helpline)
(800) 854-7771

Rape Crisis, Project Sister - Claremont
(800) 656-HOPE - Rape Crisis Hotline
(626) 966-4155 - Child Abuse Hotline
24 Hours

Runaway National Safeline
(800) 786-2929 or (800) runaway

Teen Line Cares
(310) 855-HOPE (4673) or Text TEEN to 839863
Teens helping teens
6:00 pm – 10:00 pm

Teenline – Teens helping Teens (6-10pm)
(310) 855-4673
Text “TEEN” to 839863 between 5:30pm and 9:30pm PST to speak with our peer counselors

Trevor Project - LGBTQ
(310) 271-8845
(866) 488-7386 (Crisis)

FOOD ASSISTANCE
ASISTENCIA ALIMENTARIA

American Red Cross
(800) 448-3543 National
(626) 447-2193 San Gabriel
Pomona Valley Chapter
Website: www.sgpvarc.org

Catholic Charities
San Juan Diego Center
(626) 575-7652
4171 N. Tyler Avenue
El Monte, CA 91731
Monday - Friday
9 am – 12 pm & 1 pm – 3 pm
(Closed 12-1)

Catholic Charities
Pomona Community Services
Center/Homeless Prevention
(909) 629-1331
1460 E. Holt Ave.
Pomona, CA 91767
M – F 9am–2pm
Christ's Church of the Valley
1404 West Covina Blvd.
San Dimas, CA 91773
(909) 592-2282
Food Bank Partner www.ccvsocal.com
Counseling Service (sliding scale)
Attn: Ron Hall

El Monte District
(626) 569-3691
3350 Aerojet Ave. (M-F 8am-5pm)
El Monte, CA 91731
(foodstamps, medi-cal, cal-works)

EMERGENCY FOOD BANK
BANCO ALIMENTICIO DE EMERGENCIA

Covina Assembly of God Church/Luminate Church
250 E. San Bernardino Rd.
Covina, CA 91723
(626) 966-4488

First Presbyterian Church
310 N. 2nd St.
Covina, CA 91723
(626) 332-6251

Foothill Unity Center
Neighbors Helping Neighbors
415 W. Chestnut Ave. Monrovia, CA 91016
Mon.- Fri. 9am-5pm; food dist., M-W-F 9am-11:30am) Need to pre-register.
(626) 358-3486
www.foothillunitycenter.org

Inland Valley Hope Partners
(909) 622-3806
Food assistance/housing

Meals on Wheels
(909) 621-4018

Shepherd's Pantry
657 E. Arrow Hwy, #3
Glendora, CA
(626) 852-7630
Walk-in Food & Clothing Service
Home Food Delivery Service
Children’s Reading Tutor Program
Resource Counseling & Job Search Assistance
https://www.shepherdspantry.com

St. Frances of Rome, Azusa
(626) 969-1829 (proof of residency needed)
First Saturday of the month 9 am – 11 am

HEALTH/OUTPATIENT SERVICES
SERVICIOS DE SALUD/ AMBULATORIOS

Advent Home Health Care Services
1128 E. Route 66 (M – Fri. 8am-5pm)
Glendora, CA 91740
(626) 852-1985

AltaMed Health Services
1300 S. Sunset Ave. West Covina, CA 91790
(626) 960-6999

American Lung Association of Los Angeles County
California Smokers’ Helpline
(800) NO BUTTS (English)
(800) 45-NO FUME (Spanish)
(800) 838-8917 (Chinese)
(800) 933-4-TDD (Hearing Impaired)

American Liver Association
3325 Wilshire Blvd. #900
Los Angeles, Ca 90010
(310) 670-4624
Program behavior, learn how to change and cope with withdrawal

American Liver Foundation
(310) 670-4624 info line – L.A.
(212) 668-1000 main line N.Y.C.
National information and referral services for liver diseases

Azusa Health Center
150 N. Azusa Ave. Azusa CA 91702
(626) 969-7885
M-F 7:30 am – 7:00 pm
Saturday 8:00 am – 4:00 pm

BHC Alhambra Hospital
4619 N. Rosemead Blvd.
Rosemead, CA 91770
(626) 286-1191/800-235-5570
Substance abuse services, detox, IOP for adults, adolescents, family, eating disorders

Canyon Ridge Hospital
5353G. Street
Chino, CA 91710
(909) 590-3700
Private acute psychiatric facility treatment drug and alcohol program adults, seniors, adolescents, in/outpatient, phone or walk in free referrals.
CASA de Las Amigas
160 N. EL Molino Ave.
Pasadena, CA 91724
(626) 792-2770
24Hrs
Sliding scale/ability to pay
Alcohol recovery program, Women only ages 18-64, inpatient residential treatment, intensive outpatient, sober living.

Citrus Valley Medical Center
Inter-Community Campus
210 W. San Bernardino Road
Covina, CA 91723
(626) 331-7331
(626) 859-5894 Fax
24 hour emergency center, health education

Dentist
(800) DENTIST (336-8478)
Referrals/website: www.1800dentist.com

Dr. Hernandez Optometry
15330 Amar Rd.
La Puente, CA 91747
(626) 961-0432
Low cost eye exam & prescription
Medi-Cal, Health Family, VSP and ability to pay

Drug and Alcohol Addiction Treatment
National Helpline
(877) 683-7818
Treatment specialists who will provide treatment options

East Valley Community Health Center
(626) 919-5724
M-Th 8am-7pm, Fri 8am-5pm, Sat 8am - 2pm
Family planning, other counseling & medical services, Medi-Cal, slide scale, no one turned away

HIV/AIDS - So. Calif. 800-367-2437
Hepatitis & STD hotline also

LACUSC Healthcare Network/El Monte
Comprehensive Health Center/USC Health Network
10953 Ramona Blvd.
El Monte, CA 91731
(626) 434-2500

Overeaters Anonymous
1157 E. Arrow Hwy., #4, Glendora 91740
All eating problems
https://www.oasvgie.org/

Pasadena Planned Parenthood
1045 N. Lake Ave., Pasadena, CA
(626) 798-0706
M 8:30am-4:30pm, Tu 7:30am-3:30pm
Wed.& Thur. 11am-7pm
Fri. 7:30 m – 4:30pm, Sat. 8 am – 4pm (closed Sun.)
Education, medical exam, speakers, outreach, peer counseling, etc.

Peachwood Physical Therapy & Sports Medicine
750 W. Route 66, Ste N
Glendora, CA
M-Th 7 am-6 pm, Fri. 7 am-5 pm
(626) 335-4077

Poison Control Hotline
(800) 222-1222

Pomona Health Center
(909) 868-0262
750 South Park Avenue
Pomona, CA 91767
www.lapublichealth.org/spa3
Immunizations, STD testing and treatment, HIV testing (by appointment)

Pregnancy Help Center
5626 N. Rosemead, Temple City
(626) 309-0788
Pregnancy Hotline (800) 339-6993
Mon.-Th 12pm – 6pm
Free pregnancy testing, counseling, clothing and diapers (up until 2yrs old), post abortion counseling, parenting classes, free ultrasounds, referrals to other organizations

Thaddeus Foundation
133 East Bonita Ave. Suite 200
San Dimas, CA 91773
(909) 599-2111
www.thethaddeusfoundation.org
Teen Parenting classes, workshops and resources

Right to Life
(626) 398-6100
1028 N. Lake, #207
Pasadena, CA 91101

San Gabriel Valley Dental Society
(626) 285-1174
M-Th 8:30am-4:30pm
312 E. Las Tunas Dr., San Gabriel, CA
[Emergency referrals]
HOMELESS SERVICES
SERVICIOS PARA PERSONAS SIN HOGAR

B.R.I.D.G.E.S. / Casitas Pacíficas
11927 Elliot Avenue
El Monte, CA 91732
8am – 4pm M-F
(626) 350-5304

Catholic Charities
Pomona Community Services
(909) 629-1313
1460 E. Holt Ave.
Pomona, CA 91767
M – F 9:00 a.m. – 2:00 p.m.

Hope Center/Outreach Team
13001 Ramona Blvd. Suite I, Irwindale, CA
(626) 337-3828 / BMCGUCKIN@PACIFICCLINICS.ORG
T & TH 9am-8pm, WED, FRI, SAT 9am-5pm
Housing, Employment, Food/Clothing,
Transportation, Hygiene, Healthcare, Education

Inland Valley Hope Partners
Shelter Program/food bank
(909) 622-3806 (Spanish/English)
1753 N. Park Avenue
Pomona, CA 91768 (Administration/Housing Office)
M – Th 8 am – 6 pm (Office Hours)
www.inlandvalleyhopepartners.org

St. John’s Vianney Church, Hacienda Hghts.
1345 Turnbull Canyon Rd., Hacienda Hghts
(626) 330-2269 (behind church)
Zip codes: 91744-48 only
Call to inquire about homeless services (i.e. shelter & food bank)

Volunteers of America
(626) 337-9878
4501 Santa Anita Ave.
El Monte, CA 91731
Emergency shelters, rapid re-housing and financial support, linkages to permanent supportive housing for individuals and families

Inland Valley Hope Partners-Our House
Shelter Intake
1753 N. Park Ave. Pomona, CA 91768 (Housing Office)
Shelter intake by appointment only M-TH 8:00am – 6pm

Shelter for single women & families only. This shelter is a 30-90 day stay that helps with job placement, financial support.
909-622-3806 #107 Service/Intake

Operation School Bell/Assistance League of Covina
636 E. San Bernardino Rd. Covina, CA 91723
(626) 332-3474 (school refers-app’t needed)
Clothing Assistance

LEGAL SERVICES
SERVICIOS LEGALES

The Alliance For Children’s Rights
3333 Wilshire Blvd., Ste. 550
Los Angeles, CA 90010-4111
(213) 368-6010 (M – F 9am-5:30pm)

Covina Crime Stoppers/Tip Line
(626) 384-5595 or (800) 78-CRIME
Will pay you for information leading to arrest.
DO NOT need your name.

District Attorney's Victim-Witness Assistance
Pomona Courthouse
(909) 620-3381 or 3382
400 Civic Center Plaza, Room 201
Pomona, CA 91768

LA County Neighborhood Legal Services
(800) 433-6251
M-F 9:00 am – 5:00 pm

We Tip National Hotline
(800) 782-7463 - 24 Hours
Will receive information anonymously about persons suspected of selling drugs or committing major crimes.

ADULT/SENIOR RESOURCES
RECURSOS PARA ADULTOS Y PERSONAS DE LA TERCERA EDAD

Baldwin Park Adult Education
(626) 939-4456
M-TH 8 am - 9 pm
F 8 am - 4:30 pm
Covina Senior and Community Center
815 N. Barranca Ave
Covina, CA 91723
(626) 966-6378
Information and referrals, lunches, recreational activities. Assistance with medical, legal & financial services.

West Covina Senior Citizens Center
2501 East Cortez Street
West Covina, CA 91791
(626) 331-5366
Center offers Recreational activities, information & referrals, lunches, Assistance with social security, taxes, medical & educational services.

YWCA Intervale Senior Services
943 N. Grand Ave. Covina, CA 91724
(626) 960-2995
“Urgency case management” to seniors in San Gabriel & Pomona Valleys providing crisis intervention, outreach & referral services.

After Hours Elder Abuse Hotline
(877) 477-3646

Senior Citizens Information & Assistance
(909) 948-6235 (San Bernardino County)
(213) 738-4004 (Los Angeles County)

OTHER SERVICES

American Red Cross
430 Madeline Dr. Pasadena, CA 91105
San Gabriel Valley Chpnr. (www.sgpvarc.org)

Covina City Hall
123 E. College St.
Covina, CA 91723
(626) 384-5400 or (626) 384-5430

Covina Parks and Recreation
1250 N. Hollenbeck Ave. Covina, CA 91722
(626) 384-5340

California Highway Information Cal Trans
(800) 427-7623
24 hour recorded messages about highway conditions

Department of SOCIAL SERVICES DPSS
2040 W. Holt, Pomona
(866) 613-3777 (M-F 8am-5pm)
AFDC, general relief, food stamps, Medi-Cal, Cal-Works

Employment Development Department (EDD)
933 S. Glendora Ave.
West Covina, CA (M-F 8am-5pm)
(626) 814-8234
Job search
Assistance in filing unemployment claims
www.edd.ca.gov

Healthy Families Medi-Cal for Children
(800) 880-5350

L. A. County Graffiti Hotline
(626) 812-5253 Azusa
(626) 939-8800 W. Covina
(800) 675-4357-other L. A. Counties

L.A. Works
Employment Development Specialists
5200 Irwindale Ave
Irwindale, CA 91706
(626)960-3964
M – F 8 a.m.-8pm, Tu/Th 8am-7pm
Employment for high-risk youths age 17½ – 21
Healthy Families, CARE Program.
website: www.LAWorks.org

Pomona Neighborhood Services Center
999 W. Holt Ave. Suite D, Pomona, CA 91768
Deputy Director, Elmer Riley or Luisa Holguin
M-Tu-Fri. 10am-4pm
(909) 620-7691

Probation Department
(626) 575-4059

Recreation, City of Covina
(626) 384-5340

San Gabriel Valley Service Center
(626) 575-5431

Social Security Office
(800) 772-1213

Volunteers of America
West Covina – (626) 869-3192
El Monte – (626) 442-4357