



COVINA-VALLEY

UNIFIED SCHOOL DISTRICT

Community Resource Guide

INTRODUCTION

This booklet, prepared by the Student Services Department of Covina-Valley Unified School District is a community resource, referral list of services classified under simply stated headings. We believe the guide is a positive beginning for someone in need of special health or social service assistance.

Consult the alphabetical classification index for a particular type of service you desire. If you are unable to locate the service you need, call the **INFO LINE - 211** listed under Community Services. **INFO LINE - 211** is the largest information and referral program in California and a referral specialist can direct you to the most appropriate agency.

Every effort has been made to ensure the accuracy of the telephone numbers in this booklet. However, numbers and services do change. When you find a correction, please contact:

Students Services Department
Covina Valley Unified School District
519 E. Badillo St.
Covina, California 91723
(626) 974-7000

Guía de Recursos Comunitarios

INTRODUCCIÓN

Este folleto, preparado por el Departamento de Servicios Estudiantiles del Distrito Escolar Unificado de Covina-Valley es un recurso comunitario, una lista de recomendaciones de servicios clasificados bajo títulos simplemente indicados. Creemos que la guía es un comienzo positivo para alguien que necesita asistencia especial para su salud o de servicios sociales.

*Consulte el índice de clasificación alfabética para el tipo particular de servicio que desee. Si no puede localizar el servicio que necesita, llame a la **INFO LÍNEA 211** que se encuentra bajo Servicios Comunitarios. **INFO LÍNEA - 211** es el programa de información y recomendaciones más grande de California y un especialista en recomendaciones puede dirigirlo a la agencia más apropiada.*

Se ha hecho todo lo posible para asegurar la exactitud de los números telefónicos en este folleto. Sin embargo, los números y los servicios pueden cambiar. Cuando encuentre una corrección, póngase en contacto con nosotros:

*Departamento de Servicios Estudiantiles
Distrito Escolar Unificado de Covina Valley
519 E. Badillo St.
Covina, California 91723
(626) 974-7000*

Community Resource Services Handbook

- **Adult Domestic Violence** 1
Programs to provide response services and/or counseling to battered women. Counseling services include, but are not limited to, short or long-term counseling by peers, volunteers or professionals, legal and financial advice, and referral of appropriate resources.
- **Alcohol/Drug Abuse & Sober Living** 1 - 3
Programs to prevent and treat problems of alcohol/drug abuse and/or misuse. Counseling and other support services to families of alcoholics.
- **Child Abuse & At-Risk Youth** 3-4
Programs to provide support services to children and youth (under the age of 18) who are in danger of neglect, abuse or exploitation. May include counseling for parents/guardians of abused or neglected children. 0-5 Programs-Programs for Pre-School Children.
- **Child Care** 4
Programs that provide childcare for preschool-age children.
- **Community Services** 4-5
Provides additional information & referral services to public community agencies.
- **Counseling** 5- 7
Programs assisting individuals or families who are experiencing social and emotional problems. Assistance in developing personal growth and improving communication within the family.
- **Emergency Services** 8
Programs which provide face-to-face immediate response services to emotionally distressed persons who are in life-threatening situations. Health care facilities capable of diagnosing and treating persons with acute life-threatening conditions or severe illness on a 24-hour basis. Law enforcement agencies included.
- **Food Assistance Services** 8-9
- **Health Services** 9-10
Programs which help achieve and maintain physical well-being as well as preventing and treating acute or chronic disease, illness, injury.
- **Homeless Services** 11
- **Legal Services** 11
Programs which provide professional or non-professional assistance directed at assessing and resolving individual, family or group legal problems and needs.
- **Adult/Senior Services** 11-12
- **Other Services** 12

Manual de Servicios de Recursos Comunitarios

- **Violencia Doméstica en Adultos** 1
Programas para proporcionar servicios de respuesta o consejería a mujeres maltratadas. Los Servicios de consejería incluyen, pero no se limitan a, consejería a corto o largo plazo por compañeros, voluntarios o profesionales, asesoramiento legal y financiero, y recomendaciones de recursos apropiados.

- **Abuso de Alcohol/Drogas y Vida Sobria** 1 - 3
Programas para prevenir y tratar problemas de abuso o uso indebido de alcohol/drogas. Consejería y otros servicios de apoyo para familias de alcohólicos.

- **Abuso Infantil y Jóvenes en Riesgo** 3-4
Programas para proporcionar servicios de apoyo para niños y jóvenes (menores de 18 años) que se encuentran en peligro de negligencia, abuso o explotación. Puede incluir consejería para los padres o tutores legales de niños maltratados o descuidados. 0-5 Programas-Programas para niños en preescolar.

- **Cuidado de Niños** 4
Programas que proveen cuidado de niños en edad preescolar.

- **Servicios Comunitarios** 4-5
Provee información adicional y servicios de recomendación a agencias comunitarias públicas.

- **Consejería** 5- 7
Programas que asisten a individuos o familias que están experimentando problemas sociales y emocionales. Asistencia en el desarrollo del crecimiento personal y en la mejora de la comunicación en familia.

- **Servicios de Emergencia** 8
Programas que proporcionan servicios de respuesta inmediata cara a cara a personas con angustia emocional que están en situaciones de vida o muerte. Instalaciones de cuidado de salud que pueden diagnosticar y tratar a personas con afecciones graves de vida o muerte o enfermedades serias las 24 horas del día. Se incluyen las agencias del orden público.

- **Servicios de Asistencia Alimentaria** 8-9

- **Servicios de Salud** 9-10
Programas que ayudan a lograr y mantener el bienestar físico, así también como la prevención y el tratamiento de enfermedades graves o crónicas, afecciones, lesiones.

- **Servicios para Personas Sin Hogar** 11

- **Servicios Legales** 11
Programas que proporcionan asistencia profesional o no profesional dirigida a evaluar y resolver problemas y necesidades legales individuales, familiares o de grupo.

- **Servicios para Adultos y Personas de la Tercera Edad** 11-12

- **Otros Servicios** 12

ADULT DOMESTIC VIOLENCE
VIOLENCIA DOMÉSTICA DE ADULTOS

Department of Mental Health

East San Gabriel Valley MHC
1359 N. Grand Avenue
Covina, CA 91724
Mon & Wed 8:00 am- 7:00 pm
Tues, Thurs, Fri 8:00 a.m. - 7:00 p.m.
(626) 430-2900

Domestic Violence Hotline

Battered Women/Children
P.O. Box 2788
North Hills, CA 91793
(323) 681-2626
(800) 799-7233
24 hr. hotline and emergency shelter for
battered women and their children

House of Ruth, Claremont

(909) 623-4364 Info line
Spanish spoken – Serves L. A. & San
Bernardino Counties

**L. A. County Bar Assoc./L. A. Superior Ct.
Domestic Violence Project**

(213) 624-3665 Information
9am -11:30 & 1:30pm -3:30 M -Th
8:00 – 12:00pm Friday
[Legal advice/assistance with temporary
restraining orders- possible minimal fee]

Safety Education Center

DUI/DV

1515 W. Cameron Ave., #300
W. Covina, CA 91790
M-Th 9am – 8:30pm, Fri. 9am-2:30, Sat 8am-
12pm
(626) 960-3977

YWCA-Domestic Violence Services

(WINGS) (626) 967-0658
24-Hour Hotline/referral
Support for women & families experiencing
domestic violence. Spanish, Chinese,
Cantonese spoken
www.info@ywcasgv.org

Foothill Unity Center

Neighbors Helping Neighbors

(626)358-3486 or (626) 358-8224 (fax)
415 W. Chestnut Ave.
Monrovia, CA
M – F 9am – 5pm

www.foothillunitycenter.org

-Transitional Services for Victims of Domestic
Violence
-Motel Voucher Program
-Clothing/Household Goods Voucher
-Referrals to educational assistance, long-term
shelter, etc.
-Full family food programs

ALCOHOL/DRUG ABUSE

ABUSO DE ALCOHOL/DROGAS

1-800-RELAPSE (1-800-662-4357)

& Mental Health Services

24-hour hotline on information and referral to
substance abuse programs, free services
Spanish spoken

AEGIS MEDIC, West Covina

Outpatient detox program/maintenance (drugs)
Medi-Cal, sliding scale
Monday - Friday 5 am – 1:30 pm
1825 E. Thelborn St.
West Covina, CA 91791
(626) 915-3844

San Gabriel Valley Alanon Club

510 2nd Avenue #10
Covina, CA 91723
(626) 332-3292

Alanon Family Group Helpline

(888) 425-2666

Alcoholics Anonymous, San Gabriel

849 E Route 66 #D
Glendora, CA 91740
(626) 914-1861 24-Hour Helpline
9:00-6:00 Mon - Fri
9:00-3:00 Sat
Referral services for alcoholics anonymous
meetings in San Gabriel & Pomona Valley area

Charter Oak Hospital/Aurora Behavioral

(626) 966-1632
(800) 654-2873 24 Hour Assessment
1161 E. Covina Blvd, Covina, CA 91724
Private insurance, fixed fee, AA meetings
www.aurorabehavioral.com

Drug & Alcohol Abuse Information/Referrals

(800) 662-4357

24 hour referral to alcohol & drug prevention & treatment programs and services

Hope & Grace Recovery Services

865 W. Glentana, Suite 1

Covina, CA 91722

Outpatient, day treatment, HIV/AIDS, DUI, seniors. Spanish spoken.

Kaiser Permanente Addiction Medicine

1539 W. Garvey Ave. North

West Covina, CA 91791

(626) 8146500

www.kp.org

Substance abuse treatment

Nat'L Council on Alcohol /Drug

656 N. Park Ave.

Pomona, CA 91768

(909) 629-4084

Mon-Fri 9:00-6:00pm

Sliding scale/No one refused

Information/referral for alcohol, substance

Abuse, individual counseling/parenting

Classes/anger mgmt., drug testing \$20.- 38.50.

Narcotics Anonymous

(800) 863-2962 (Hotline, referrals)]

562) 698-4604-Whittier

Website: www.ecana.org

Southern California Region

(626) 359-0084

National Council on Alcoholism and Drug Dependence (NCADD)

4626 N. Grand Avenue

Covina, CA 91724

(626) 331-5316

M-Th 8 am-9 pm, Fri. 8 am – 5:30 pm

Sat. 8:30-12:00 pm

Referrals to meetings, treatment, drug diversion program, DUI school, group and individual counseling, parenting classes, anger mngmt. Spanish spoken

Pacific Clinics

Emphasis on outpatient mental health

(877) 722-2737 – Call Center

(626) 744-5230 Pasadena

(626) 9671667 Covina

(909) 625-7207 Pomona/Bonita Family Center

(626) 357-3258 Monrovia-

(626) 960-4020 Irwindale (only with homeless population, walk-in facility)

Sliding Scale. Medi-Cal

www.pacificclinics.org

Puente House

Sober Living, Male/Female 18+

444 W. Badillo Street, Ca. 91723

Covina, (626) 967-3149

www.puentehouse.org

River Community Day Treatment

Adult Day Treatment & Outpatient

Co-Occuring Disorders

510 S. 2nd Ave

Covina, CA 91723

(626) 974-8122

Adult In-patient Treatment

Azusa

(626) 910-1202 24 Hr/7days

Santa Anita Family Services

Covina (626) 966-1755

716 N. Citrus Avenue, Covina, 91723

Monday – Thursday 8 am – 5 pm

Counseling 9 am – 7 pm

Monrovia (626) 359-9358

www.santaanitafamilyservice.org

Stepping Stones House

17727 Cypress Street

Covina, CA 91722

(626) 967-2677

Residential substance abuse recovery home for women. Residents cannot be taking psychiatric medications. The program also has a sober living home

SPIRITT Family Services

1505 S. Sunflower Ave.

Glendora, CA 91740

(855) 714-8800

Monday – Thursday 9 am – 5 pm

Friday with appointment only.

Alcohol/Drug Abuse Prevention Program

(626) 335-8153 (main office)

(562) 698-9436- Whittier

(626) 421400-El Monte (Spanish)

Family parenting communication skills program

\$75 – 7 sessions

Victory Outreach, La Puente

(626) 333-3171 or (626) 409-1582 (24 hrs.)

Tu-F 10am-4pm

Christian oriented, No fee

Spanish only

Touchstones

Residential Treatment Facility for Alcohol and Drug Problems

9th Grade - 17 years of age

Outpatient Services for ages 11-22

Adolescents & admissions (626) 332-3145

Social Model Recovery

223 E. Rowland Street
Covina, CA 91723
(626) 332-3145

www.info@socialmodel.com

Treatment, education, prevention,
Co-occurring disorders.

West Covina Medical Center

725 S. Orange Ave
West Covina, CA 91790
(626) 338-8481
Adult Day rehab

SOBER LIVING

[VIDA SOBRIA](#)

Dixon House Sober Living Center

17902 East Edna Place, Covina, CA 91722
(626) 332-1857

Our House

16825 E. Groverdale St.
Covina, CA 91722
(626) 339-0472

Room to Grow Program

570 S. Edenfield Ave
Covina, CA 91723
(626) 966-9689

Transitional sober living house for single women and women with children. Structured program with in-house meetings. Residents must provide their own food, and are required to work or attend school and attend outside AA/NA meetings. Length of stay is up to one-year.

Welcome to Life Sober Living Centers

Transitional House/ 12 Step Program/
Rehabilitation – Male adults only
271 East Puente Street, Covina, CA 91724
(626) 318-1000

CHILD ABUSE

[ABUSO INFANTIL](#)

The Alliance for Children Rights

3333 Wilshire Blvd.,
Ste. 550
Los Angeles, CA 90010-4111
9am -5:30 pm M-F
(213) 368-6010

Girls & Boys Town National Hot Line

(800) 448-3000

Toll free crisis and resource referral services for children and parents. Highly trained telephone counselors to help deal with any problem.

Child Protection (Abuse) –**L. A. County Hotline**

Department of Children's Services
Services
(800) 540-4000
English/Spanish spoken
24 Hours

Children's Bureau

14600 Ramona Blvd.
Baldwin Park, CA 91706
(626) 337-8811 – Closed Sundays
After hours phone (213) 342-0100
Mon-Thrus 8:30 to 7:00 pm
Tues-Wed 8:30 to 9:00 pm
Fri 8:30 to 4:30 pm
multi-service child welfare services child abuse, crisis intervention and shelter, in-home and office counseling, child respite care, parent education.

Child Help U.S.A (Abuse) - Hotline

(800) 422-4453
24 Hours, English only

The Family Center

(626) 967-5103 (Medi-Cal & Healthy Families)
(626) 966-1577 (adults)
9am – 8pm M-F
Crisis received; hours vary - counseling, parenting, and anger management.
Child Abuse treatment & prevention

**Guardianship Pro Per Assistance Program-
L.A. County**

Probate Window
111 North Hill St., #426
Los Angeles, CA 90012
Probate Office/ Information Line
Rm. 258, 8:30am-4:30pm
Forms, fees (online)

(website: www.lasuperiorcourt.org)

La Puente Valley Community Mental Health

160 S. 7th. Ave. La Puente, CA 91746
(626) 961-8971
M&Th 9am-6pm
Tu&Wed. 10am-7pm
Fri. 8am – 5pm
Counseling, Spanish spoken

**Masonic Homes in partnership with
The Children's Advocacy Center**
Child Abuse Assessment & Treatment
1650 E. Old Badillo St.
Covina, CA 91724
(626) 251-2200

AT-RISK YOUTH
JÓVENES EN RIESGO

Bienvenidos/Family Preservation
258 W. Badillo Street
Covina, CA 91723
(626) 430-9114
Emergency foster care, supervised visitation,
family support

San Gabriel Children's Center
4740 N. Grand Avenue
Covina, Ca 91724
(626) 859-2089
www.sangabrielchild.com

Serenity Infant Care Homes
600 S. Grand Avenue
Covina, CA 91724
(626) 859-6200
www.serenityinfantcarehomes.com

Trinity Youth Services
1520 W. Cameron Street, Suite 7
West Covina, CA 91790
(626) 966-1776
www.trinityys.org
Foster care placement, family support

CHILD CARE
CUIDADO DE NIÑOS

Covina-Valley Child Development Office
Dept: Student Services
519 E. Badillo St.
Covina, CA 91723
(626) 974-7000
Kids Corner -Extended-Day Child Care
Enrichment Program
Teen Scene - Extended-Day Supervision
Program
Pioneer Pre-School - Licensed Pre-school and
Childcare Program

Covina Development Center
Early Intervention Center
437 W. San Bernardino Rd. Covina, 91723
(626) 967-7153
7:15am – 6:15 pm – Daycare-M-F
8:00am – 4:00pm – Office-M-F

Options Child Development Center
9am – 5pm M-F
885 S Village Oaks Dr. #12, Covina, CA
(626) 858-0527

YMCA Covina
East San Gabriel Child Care Office
1225 E Cameron Ave
West Covina, CA 91790
(626) 339-6221

COMMUNITY SERVICES
SERVICIOS COMUNITARIOS

"211" Social Services Line, L. A. County
626) 350-6833 (or "211" –San Gabriel Valley)
Largest & most comprehensive human resource
information/referral service
English/Spanish spoken
24 Hours

Boys & Girls Club, San Gabriel Valley
(626) 443-2401
2740 N. Mountain View Rd.
El Monte, CA 91732
Youth ages 8 – 16 years

First 5 LA
Free school Readiness Program, ages 0-5 yrs.
Intake (866-304-4337)
(213) 482-5902 – Magnolia site

Covina United Methodist Church
(626) 339-7386
M-Thur 9am – 4pm
Fri. 9am-12pm
Information and referral service
Group meetings held at church

Vincent Children Center
1024 W. Workman Ave.
West Covina, Ca 91790
(626) 472-6330

WIC Program
(888) 942-2229 (English/Spanish)

**Homeless CalWORKs Families Project
Prototypes ICAN**
11001 E. Valley Mall, #300
El Monte, CA 91731
(626) 442-0710
Assists with Housing, Transportation &
Childcare Also Job leads, Education, Food
Stamps & Medi-cal

Los Angeles County Homeless Outreach Portal

www.la-hop.org

Homeless help
Mental-Health Focused
Multi-disciplinary teams

COUNSELING
CONSEJERÍA

The Almansor Center

Mental Health Programs
205 Pasadena Ave.
Pasadena, CA 91030
(323) 344-5536
or 5900 Eastern Ave., Suite 138
Commerce, CA 90040
(323) 622-0715

Alta Loma Psychological Associates

9089 Baseline Rd., Suite 200
Rancho Cucamonga, CA
(909) 597-1815
M-F 9am-5pm

Asian Pacific American Legal Center, L.A.

(213) 977-7500
Japanese, Vietnamese, Korean,
Cantonese, Mandarin, Taiwanese,
Spanish
\$20, one time payment, depends on income-
appointment needed
M-F 8am-5pm

Asian Youth Center

100 Clary Ave.
San Gabriel CA. 91776
(626) 309-0622
Mon-Fri 9:00 -5:30pm
Goal to prevent and minimize Asian youth
involvement in anti-social behavior, services
include drug, tobacco, alcohol, and gang
prevention.
www.asianyouthcenter.org

**Azusa Pacific University Community
Counseling Ctr. & Pediatric Neuro
Development Institute**

(626) 815-5421
M- Thur. 9am – 9pm
Fri. 9 am – 6 pm, Sat. 9am – 2pm
Spanish, Mandarin and Cantonese spoken
Slide scale \$25 - \$90

AEGIS MEDICAL SYSTEMS, West Covina
www.aegismed.com

Outpatient detox program HIV testing
Mon – Fri 5am – 1:30pm (closed 9:30-10am)
1825 E. Thelborn St., West Covina, CA 91791
(626) 915-3844-message

Baldwin Park Counseling Center

1710 W. Cameron Ave.
West Covina, CA 91790
(626) 917-2120
M-F 9:00 – 7:00 pm, Sat 9:00 – 1pm
Sliding scale \$25. And up
Provide individual and family therapy for drug
and alcohol abuse, family/marital problems,
physical/sexual abuse, and adolescent
problems.

California Family Counseling Network

368 W. Badillo St.
Covina, CA 91723
(626) 931-1400
Mon-Fri 9:00 – 5:00 pm
Fee sliding scale accepts Medi-Cal. Medicare,
and Victims of Crime, Offers mental health
service connections to psychotherapy.

**Catholic Charities Psychological Services
Clínica de Salud Sagrada Familia**

(909) 763-4970
1265 N. LaCadena Dr. #4 Pomona, CA 91766
Bilingual (Spanish/English), sliding scale,
insurance accepted, by appointment only

Charter Oak Hospital/Aurora Behavioral

(626) 966-1632 - Hospital 24 Hours, 7 Days
Private insurance; free consultation; Medical for
teens & after 65yrs. Spanish

Citrus Counseling Center

973 N. Grand Ave
Covina, CA 91724
(626) 967-7585

Co-Dependent Anonymous

Helps to develop healthy relationships
(323) 969-4995 (website: www.coda-tvcc.org)

Center for Integrated Fam/Health

540 S. Eremland Dr.
Covina, CA 91723
(626) 966-1577
Speaks Spanish/Vietnamese
Assist qualified victims of crime apply for compensation.

Community Care Center

2335 S. Mountain Ave.
Duarte, Ca 91010
(626) 357-3207 – Speaks Spanish
Mon – Fri 9:am–5:00pm
The county contracts for some mental health services

East Valley Community Health Center

680 Fairplex Dr.
Pomona, CA 91768
(909) 620-8088
Teen counseling program, job training, abuse, substance abuse, mental health, birth control, dental pregnancy testing, STD's and HIV testing, One-On-One counseling support groups.

ENKI Youth & Family Services

160 S. 7th Ave.
La Puente, CA 91746
(626) 961-8971 Mon- Th . 9am-6pm
Tu-Wed 9am-7pm, Fri 8am-5pm
Spanish spoken, provides outpatient services for adults and children, day treatment programs, psychiatric emergency care.

Family Outreach Svs-Pacific Clinics/Covina

(626) 967-1667
Counseling, Medi-Cal, Healthy Families only

The Family Center

540 S. Eremland Dr.
Covina, CA 91723

Children-Healthy-Families

(626) 858-3315

Adults (626) 966-1577

540 S. Eremland, Covina
Mon- Fri 9:00 – 9:00pm
Sliding scale \$3-\$90

Accepts Medi-Cal for kids, child abuse treatment

Adult and children therapy, parenting groups, anger management classes, adolescent therapy ages 12-17, teen/adult dependency.

Foothill Family Service**Covina Family Center**

530 W. Badillo St.
Covina, CA 91722
(626) 993-3093

West Covina Intensive Services

1530 W. Cameron Ave.
West Covina, CA 91790
(626) 993-3000 Mon-Fri 8:00 – 9:00 pm
Intake/appointment 1 866-304-4337
www.foothillfamily.org
Counseling, sliding fee, Medi-Cal up to 21 ½ yrs

Glenkirk Presbyterian Church

1700 Palapinto Ave.
Glendora, CA 91741
(626) 914-4833
Mon-Fri 9:00 -5:00pm
Tues 10:00 – 5:00pm
Workshops and support groups for grief, cancer, anger mgmt

Ingleside Hospital

(626) 288-1160 (24 hours)
Adults only. Will accept Medi-Cal & Medicare, only. Spanish, Chinese

Jewish Fed. Of Greater San Gabriel & Pomona Valleys

114 W. Lime Ave.
Monrovia, CA 91016
9am – 5pm M-F
(626) 445-0810

Jewish Services**1109 San Bernardino Rd.**

Ste. 140
Covina, Ca 91722
(626) 967-3656
Information, referral and advocacy for family and individual. Hours vary; appointment req.

Levine, Jacks S. Phd. & Assoc.

750 Terrado Plaza, Ste. 246
Covina, CA 91723
(626) 915-0933
Mon-Sat by appointment, sliding scale \$25/hr. and up. Provides interactive individual, family, group therapy for men, women, children.

L. A. County Children's Services

532 E. Colorado Blvd.
Pasadena, CA 91101 (626) 229-3500
Gen. Info/Applicant intake (888) 811-1121
(<http://dcfs.co.la.ca.us>)

**Los Angeles County Dept. of Mental Health
Access Center Hotline**
(800) 854-7771

McKinley Children's Center/San Dimas
762 Cypress St. San Dimas, CA 91773
(909) 599-1227
Counseling & medication, Medi-Cal only

New Hope/Covina
1175 E. Garvey Ste. 102
Covina, CA 967-6421
(626) 967-6421 by appointment
Christian counseling center.

Pacific Clinics/Asian Pacific
9353 E. Valley Blvd. #2002
Rosemead, CA 91770
(626) 287-2988
Provides outpatient mental health,
Substance abuse treatment, to Asian
children, youth and adults.

Pacific Clinics Sierra Family Center
1160 S. Grand Ave.
Glendora, CA 91740
(626) 335-5980 Call Center 1(877) 722-2737
Outpatient/Youth Day Treatment, provider for
Dept of Mental Health.

Pacific Clinics/East
902 S. Myrtle Ave.
Monrovia, CA 91016
(626) 303-1541
Mon-Th 9:00 – 8:00
Tu 9:00 -6:00
Fri 9:00 – 5:00
Outpatient/Youth Day Treatment, provider for
Dept of Mental Health.

The Place Within
248 E. Foothill Blvd. Ste. 2
Monrovia, CA 91016
(626) 359-4330 by appointment
Turning Point Counseling
800 998-6329 appointment line
services areas El Monte, Glendora, Pomona,
San Dimas, W. Covina,
Mon-Th 9:00 6:00, Fri 10:00 – 5:00
Full center provides outpatient, individual,
couple, child, adolescent, family counseling,
chemical dependency, eating disorders,
depression, and anxiety.

Parent Institute for Quality Education
902 N. Grand Ave. Suite 200
Covina, CA 91724
(626) 455-0126

Parents Place/Family Resource Center
1500 S. Hyacinth Ave, "B"
West Covina, CA 91791
(626) 919-1091
www.familyresourcenetworklac.org

Safety Education Center
1515 W. Cameron Ave
West Covina, CA 91790
(626) 960-3977
Outpatient treatment, DUI, Spanish spoken

Shepherd's Pantry
657 E. Arrow Hwy #3
Glendora, CA
(626) 852-7630
Walk-in Food & Clothing Service
Home Food Delivery Service
Children's Reading Tutor Program
Resource Counseling & Job Search Assistance
Call for information.

Shuster Family Services
Harry Shuster/Sharon Starr/Kristin Ohlman
(626) 915-1681
1274 E. Center Court Dr., Suite 112
Covina, CA.

Sierra Psychological & Associates
1272 Center Court Drive, Suite 104
Covina, CA 91724
(626) 966-5644

Tri City Mental Health Center
Crisis and Emergency Services
(909) 623-6131 (Pomona, La Verne, Claremont
only) Adults(clinically ill) children w/medi-cal
2008 N. Garey Ave.
Pomona, CA 91767

Village Oaks Counseling Services
1338 Center Court Drive, Suite 102
Covina, CA 91724
(626) 339-2140

EMERGENCY SERVICES

SERVICIOS DE EMERGENCIA

Emergency Hospitals

Hospitales de Emergencia

Life or Death Situations - CALL 911

East Valley Medical Center, Glendora
(626) 852-5000

Emanate Inter-Community Hospital
(626) 331-7331

Foothill Presbyterian Hospital, Glendora
250 S Grand Ave, Glendora, CA 91741
(626) 963-8411

Queen of the Valley Hospital
210 W San Bernardino Rd, Covina, CA 91723
(626) 962-4011

San Dimas Hospital
(909) 599-6811

Police

Policía

Covina Police Department
(626) 384-5595

Irwindale Police Department
(626) 430-2244

Glendora Police Department
(626) 914-8250

West Covina Police Department
(626) 939-8500

L. A. County Sheriff
(213) 229-1700

EMERGENCY HOTLINES

LINEAS DIRECTAS DE EMERGENCIA

California Youth Crisis Line
(800) 843-5200
24-hour, confidential hotline

National Suicide Prevention Hotline
(800) 273-8255 – 24 hour

LA County ACCESS Center (24 hr info Helpline)

(800) 854-7771

Rape Crisis, Project Sister - Claremont

(800) 656-HOPE - Rape Crisis Hotline

(626) 966-4155 - Child Abuse Hotline

24 Hours

Runaway National Safeline

(800) 786-2929 or (800) runaway

Teen Line Cares

(310) 855-HOPE (4673) or Text TEEN to 839863

Teens helping teens

6:00 pm – 10:00 pm

Teenline – Teens helping Teens (6-10pm)

(310) 855-4673

Text “TEEN” to 839863 between 5:30pm and

9:30pm PST to speak with our peer counselors

Trevor Project - LGBTQ

(310) 271-8845

(866) 488-7386 (Crisis)

FOOD ASSISTANCE

ASISTENCIA ALIMENTARIA

American Red Cross

(800) 448-3543 National

(626) 447-2193 San Gabriel

Pomona Valley Chapter

Website: www.sgpvarc.org

Catholic Charities

San Juan Diego Center

(626) 575-7652

4171 N. Tyler Avenue

El Monte, CA 91731

Monday - Friday

9 am – 12 pm & 1 pm – 3 pm

(Closed 12-1)

Catholic Charities

Pomona Community Services

Center/Homeless Prevention

(909) 629-1331

1460 E. Holt Ave.

Pomona, CA 91767

M – F 9am–2pm

Christ's Church of the Valley

1404 West Covina Blvd.
San Dimas, CA 91773
(909) 592-2282
Food Bank Partner www.ccvsocial.com
Counseling Service (sliding scale)
Attn: Ron Hall

El Monte District

(626) 569-3691
3350 Aerojet Ave. (M-F 8am-5pm)
El Monte, CA 91731
(foodstamps, medi-cal, cal-works)

EMERGENCY FOOD BANK**BANCO ALIMENTICIO DE EMERGENCIA****Covina Assembly of God Church/Luminate Church**

250 E. San Bernardino Rd.
Covina, CA 91723
(626) 966-4488

First Presbyterian Church

310 N. 2nd St.
Covina, CA 91723
(626) 332-6251

Foothill Unity Center

Neighbors Helping Neighbors
415 W. Chestnut Ave. Monrovia, CA 91016
Mon.- Fri. 9am-5pm; food dist., M-W-F 9am-11:30am) Need to pre-register.
(626) 358-3486
www.foothillunitycenter.org

Inland Valley Hope Partners

(909) 622-3806
Food assistance/housing

Meals on Wheels

(909) 621-4018

Shepherd's Pantry

657 E. Arrow Hwy, #3
Glendora, CA
(626) 852-7630
Walk-in Food & Clothing Service
Home Food Delivery Service
Children's Reading Tutor Program
Resource Counseling & Job Search Assistance
<https://www.shepherdspantry.com>

St. Frances of Rome, Azusa

(626) 969-1829 (proof of residency needed)
First Saturday of the month 9 am – 11 am

HEALTH/OUTPATIENT SERVICES**SERVICIOS DE SALUD/ AMBULATORIOS****Advent Home Health Care Services**

1128 E. Route 66 (M – Fri. 8am-5pm)
Glendora, CA 91740
(626) 852-1985

AltaMed Health Services

1300 S. Sunset Ave. West Covina, CA 91790
(626) 960-6999
Free confidential HIV Testing, STD testing and treatment. Website: www.altamed.org.

American Lung Association of**Los Angeles County****California Smokers' Helpline**

(800) NO BUTTS (English)
(800) 45-NO FUME (Spanish)
(800) 838-8917 (Chinese)
(800) 933-4-TDD (Hearing Impaired)

American Lung Association

3325 Wilshire Blvd. #900
Los Angeles, Ca 90010
(310) 670-4624
Program behavior, learn how to change and cope with withdrawal

American Liver Foundation

(310) 670-4624 info line – L.A.
(212) 668-1000 main line N.Y.C.
National information and referral services for liver diseases

Azusa Health Center

150 N. Azusa Ave. Azusa CA 91702
(626) 969-7885
M-F 7:30 am – 7:00 pm
Saturday 8:00 am – 4:00 pm

BHC Alhambra Hospital

4619 N. Rosemead Blvd.
Rosemead, CA 91770
(626) 286-1191/800-235-5570
Substance abuse services, detox, IOP for adults, adolescents, family, eating disorders

Canyon Ridge Hospital

5353G. Street
Chino, CA 91710
(909) 590-3700
Private acute psychiatric facility treatment drug and alcohol program adults, seniors, adolescents, in/outpatient, phone or walk in free referrals.

CASA de Las Amigas

160 N. EL Molino Ave.
Pasadena, CA 91724
(626) 792-2770
24Hrs

Sliding scale/ability to pay
Alcohol recovery program, Women only ages
18-64, inpatient residential treatment, intensive
outpatient, sober living.

**Citrus Valley Medical Center
Inter-Community Campus**

210 W. San Bernardino Road
Covina, CA 91723
(626) 331-7331
(626) 859-5894 Fax
24 hour emergency center, health education

Dentist

(800) DENTIST (336-8478)
Referrals/website: www.1800dentist.com

Dr. Hernandez Optometry

15330 Amar Rd.
La Puente, CA 91747
(626) 961-0432
Low cost eye exam & prescription
Medi-Cal, Health Family, VSP and ability to pay

**Drug and Alcohol Addiction Treatment
National Helpline**

(877) 683-7818
Treatment specialists who will provide treatment
options

East Valley Community Health Center

(626) 919-5724
M-Th 8am-7pm, Fri 8am -5pm, Sat 8am – 2pm
Family planning, other counseling & medical
services, Medi-Cal, slide scale, no one turned
away

HIV-AIDS-So. Calif. 800-367-2437

Hepatitis & STD hotline also

**LACUSC Healthcare Network/EI Monte
Comprehensive Health Center/USC Health
Network**

10953 Ramona Blvd.
El Monte, CA 91731
(626) 434-2500

Overeaters Anonymous

1157 E. Arrow Hwy., #4, Glendora 91740
All eating problems
<https://www.oasgvie.org/>

Pasadena Planned Parenthood

1045 N. Lake Ave., Pasadena, CA
(626) 798-0706
M 8:30am-4:30pm, Tu 7:30am-3:30pm
Wed.& Thur. 11am-7pm
Fri. 7:30 m – 4:30pm, Sat. 8 am – 4pm (closed
Sun.)
Education, medical exam, speakers, outreach,
peer counseling, etc.

**Peachwood Physical Therapy & Sports
Medicine**

750 W. Route 66, Ste N
Glendora, CA
M-Th 7 am-6 pm, Fri. 7 am-5 pm
(626) 335-4077

Poison Control Hotline

(800) 222-1222

Pomona Health Center

(909) 868-0262
750 South Park Avenue
Pomona, CA 91767
www.lapublichealth.org/spa3
Immunizations, STD testing and treatment, HIV
testing (by appointment)

Pregnancy Help Center

5626 N. Rosemead, Temple City
(626) 309-0788
Pregnancy Hotline (800) 339-6993
Mon.-Th 12pm – 6pm
Free pregnancy testing, counseling, clothing
and diapers (up until 2yrs old), post abortion
counseling, parenting classes, free ultrasounds,
referrals to other organizations

Thaddeus Foundation

133 East Bonita Ave. Suite 200
San Dimas, CA 91773
(909) 599-2111
www.thethaddeusfoundation.org
Teen Parenting classes, workshops and
resources

Right to Life

(626) 398-6100
1028 N. Lake, #207
Pasadena, CA 91101

San Gabriel Valley Dental Society

(626) 285-1174
M-Th 8:30am-4:30pm
312 E. Las Tunas Dr., San Gabriel, CA
[Emergency referrals]

HOMELESS SERVICES

SERVICIOS PARA PERSONAS SIN HOGAR

B.R.I.D.G.E.S. / Casitas Pacíficas

11927 Elliot Avenue
El Monte, CA 91732
8am – 4pm M-F
(626) 350-5304

Catholic Charities

Pomona Community Services

(909) 629-1313
1460 E. Holt Ave.
Pomona, CA 91767
M – F 9:00 a.m. – 2:00 p.m.

Hope Center/Outreach Team

13001 Ramona Blvd. Suite I, Irwindale, CA
(626) 337-3828 /

BMCGUCKIN@PACIFICCLINICS.ORG

T & TH 9am-8pm, WED, FRI, SAT 9am-5pm
Housing, Employment, Food/Clothing,
Transportation, Hygiene, Healthcare, Education

Inland Valley Hope Partners

Shelter Program/food bank
(909) 622-3806 (Spanish/English)
1753 N. Park Avenue
Pomona, CA 91768 (Administration/Housing
Office)

M – Th 8 am – 6 pm (Office Hours)

www.inlandvalleyhopepartners.org

St. John's Vianney Church, Hacienda Hghts.

1345 Turnbull Canyon Rd., Hacienda Hghts
(626) 330-2269 (behind church)
Zip codes: 91744-48 only
Call to inquire about homeless services (i.e.
shelter & food bank)

Volunteers of America

(626) 337-9878
4501 Santa Anita Ave.
El Monte, CA 91731
Emergency shelters, rapid re-housing and
financial support, linkages to permanent
supportive housing for individuals and families

Inland Valley Hope Partners-Our House Shelter Intake

1753 N. Park Ave. Pomona, CA 91768 (Housing
Office)
Shelter intake by appointment only M-TH
8:00am – 6pm

Shelter for single women & families only. This
shelter is a 30-90 day stay that helps with job
placement, financial support.
909-622-3806-#107 Service/Intake

Operation School Bell/Assistance League of Covina

636 E. San Bernardino Rd. Covina, CA 91723
(626) 332-3474(school refers-app't needed)
Clothing Assistance

LEGAL SERVICES

SERVICIOS LEGALES

The Alliance For Children's Rights

3333 Wilshire Blvd., Ste. 550
Los Angeles, CA 90010-4111
(213) 368-6010 (M – F 9am-5:30pm)

Covina Crime Stoppers/Tip Line

(626) 384-5595 or (800) 78-CRIME
Will pay you for information leading to arrest.
DO NOT need your name.

District Attorney's Victim-Witness Assistance

Pomona Courthouse
(909) 620-3381 or 3382
400 Civic Center Plaza, Room 201
Pomona, CA 91768

LA County Neighborhood Legal Services

(800) 433-6251
M-F 9:00 am – 5:00 pm

We, the People, Pasadena

963 E. Colorado Blvd.
Pasadena, CA (M-F 9:30am-6pm)
(626) 535-0100
Prepares legal documents.

We Tip National Hotline

(800) 782-7463 - 24 Hours
Will receive information anonymously about
persons suspected of selling drugs or
committing major crimes.

ADULT/SENIOR RESOURCES

RECURSOS PARA ADULTOS Y PERSONAS DE LA TERCERA EDAD

Baldwin Park Adult Education

(626) 939-4456
M-TH 8 am - 9 pm
F 8 am - 4:30 pm

Covina Senior and Community Center

815 N. Barranca Ave
Covina, CA 91723
(626) 966-6378

Information and referrals, lunches, recreational activities. Assistance with medical, legal & financial services

West Covina Senior Citizens Center

2501 East Cortez Street
West Covina, CA 91791
(626) 331-5366

Center offers Recreational activities, information & referrals, lunches, Assistance with social security, taxes, medical & educational services.

YWCA Intervale Senior Services

943 N. Grand Ave. Covina, CA 91724
(626) 960-2995

“Urgency case management” to seniors in San Gabriel & Pomona Valleys providing crisis intervention, outreach & referral services.

After Hours Elder Abuse Hotline

(877) 477-3646

Senior Citizens Information & Assistance

(909) 948-6235 (San Bernardino County)
(213) 738-4004 (Los Angeles County)

OTHER SERVICES**OTROS SERVICIOS****American Red Cross**

430 Madeline Dr. Pasadena, CA 91105
San Gabriel Valley Chptr.
(www.sgpvarc.org)

Covina City Hall

123 E. College St.
Covina, CA 91723
(626) 384-5400 or (626) 384-5430

Covina Parks and Recreation

1250 N. Hollenbeck Ave. Covina, CA 91722
(626) 384-5340

California Highway Information Cal Trans

(800) 427-7623
24 hour recorded messages about highway conditions

Department of SOCIAL SERVICES DPSS

2040 W. Holt, Pomona
(866) 613-3777 (M-F 8-5pm)
AFDC, general relief, food stamps, Medi-Cal, Cal-Works

Employment Development Department (EDD)

933 S. Glendora Ave.
West Covina, CA (M-F 8am-5pm)
(626) 814-8234

Job search
Assistance in filing unemployment claims
www.edd.ca.gov

Healthy Families Medi-Cal for Children

(800) 880-5350

Medi-Cal phone Support

(800) 541-5555

L. A. County Graffiti Hotline

(626) 812-5253 Azusa
(626) 939-8800 W. Covina
(800) 675-4357-other L. A. Counties

L.A. Works**Employment Development Specialists**

5200 Irwindale Ave
Irwindale, CA 91706
(626)960-3964

M – F 8 a.m.-8pm, Tu/Th 8am-7pm
Employment for high-risk youths age 17 ½ – 21
Healthy Families, CARE Program.
website: www.LAWorks.org

Pomona Neighborhood Services Center

999 W. Holt Ave. Suite D, Pomona, CA 91768
Deputy Director, Elmer Riley or Luisa Holguin
M-Tu-Fri. 10am-4pm
(909) 620-7691

Probation Department

(626) 575-4059

Recreation, City of Covina

(626) 384-5340

San Gabriel Valley Service Center

(626) 575-5431

Social Security Office

(800) 772-1213

Volunteers of America

West Covina – (626) 869-3192
El Monte – (626) 442-4357